



Multi-cultural ♦ Intergenerational ♦ Ability-diverse

*Maximizing Community Health in
Mind, Body and Spirit Since 2006*

- Preventive/Supportive Health Practices
- Lifelong Learning Classes
- Social Recreation Opportunities
- Participant Volunteerism

**Please View the CIS Documentary Video on YouTube @
<https://www.youtube.com/watch?v=NP87T50Tjfu>**

Volume 31

www.cisado.org



CIS, Inc. @PrevHealth318



June-July 2015



Independence Day Celebration 2015

CIS Event Calendar

Wednesday July 15, 10am

Marinello Beauty School – No Cost

Haircuts & Manicures

All are Welcome

Thursday July 23, 1:30pm

**Monthly Food Bank Distribution for
qualifying Senior community members**

Contact Claudia 818.772.1155

Friday August 21, 8am

**Spotlight 29 - One Day Casino Trip
For Seniors with Medicare and Medi-Cal**
Contact Claudia 818.772.1155 to RSVP



Independence Day Celebration 2015

North Hills West Neighborhood Council Donates to CIS Computer Learning Center



NHWNC Website: www.nhwnc.net

Dateline July 7, 2015 - Pictured above are North Hills West Neighborhood Council Members Nancy Xander (Left), David Hyman (Center) and CIS Computer Literacy Instructor Patrice Watterson (Right). The North Hills West Neighborhood Council recently donated 18 refurbished computers to upgrade the CIS Computer Learning Center. This enhanced tech access for neighborhood stakeholders.

SCAN Health Plan Sponsors CIS Independence Day Celebration



Dateline July 2, 2015 – Pictured above is SCAN Sales Representative Luis Robles (Center) with CIS Management and Staff. SCAN Health Plan sponsored the event. Over 120 Dual Eligible (Medi/Medi) SCAN members and guests attended the popular annual celebration. Participants enjoyed entertainment, dance and a traditional BBQ lunch.

Our Mission: People served will live healthy, independent, meaningful and dignified lives as participating members of society.